

Nasal Airway Obstruction: A Comprehensive Guide for Otolaryngologists

Nasal airway obstruction is a common problem that can have a significant impact on quality of life. It can cause difficulty breathing, sleeping, and eating. It can also lead to facial pain, headaches, and fatigue.



Nasal Airway Obstruction, An Issue of Otolaryngologic Clinics of North America (The Clinics: Surgery Book 51)

by Adolph Barr

★★★★★ 5 out of 5

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There are a number of different causes of nasal airway obstruction, including:

* Rhinitis (inflammation of the nasal passages) * Sinusitis (inflammation of the sinuses) * Nasal polyps * Deviated septum * Turbinate hypertrophy

Symptoms of Nasal Airway Obstruction

The symptoms of nasal airway obstruction can vary depending on the underlying cause. However, some common symptoms include:

* Difficulty breathing through the nose * Snoring * Mouth breathing * Nasal congestion * Postnasal drip * Facial pain * Headaches * Fatigue

Diagnosis of Nasal Airway Obstruction

The diagnosis of nasal airway obstruction is based on a physical examination and a history of the patient's symptoms. The doctor may also order imaging tests, such as a CT scan or MRI, to get a better view of the nasal passages and sinuses.

Treatment of Nasal Airway Obstruction

The treatment of nasal airway obstruction depends on the underlying cause. Some common treatments include:

* Medications to reduce inflammation, such as nasal sprays or oral steroids
* Antibiotics to treat infections * Surgery to remove nasal polyps or correct a deviated septum * Laser therapy to reduce turbinate hypertrophy

Role of Otolaryngologists in Nasal Airway Obstruction

Otolaryngologists are specialists in the diagnosis and treatment of diseases of the ear, nose, and throat. They are specially trained to treat nasal airway obstruction.

Otolaryngologists can perform a variety of procedures to treat nasal airway obstruction, including:

* Nasal endoscopy * Nasal polyp removal * Septoplasty (surgery to correct a deviated septum) * Turbinate reduction surgery

Nasal airway obstruction is a common problem that can have a significant impact on quality of life. There are a number of different causes of nasal airway obstruction, and the treatment depends on the underlying cause.

Otolaryngologists are specialists in the diagnosis and treatment of nasal airway obstruction. They can perform a variety of procedures to relieve nasal airway obstruction and improve quality of life.



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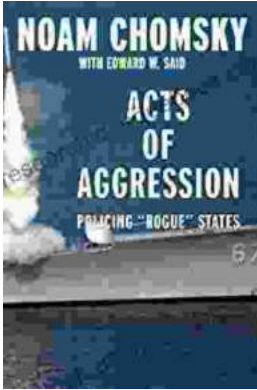
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