

Closed Rhinoplasty: The Next Generation - A Comprehensive Guide to Endoscopic Rhinoplasty

Closed rhinoplasty, also known as **endoscopic rhinoplasty**, is a minimally invasive surgical technique used to reshape the nose. Unlike traditional open rhinoplasty, which involves an incision across the columella (the tissue separating the nostrils), closed rhinoplasty is performed entirely through the nostrils, leaving no visible scars. This approach offers several advantages over open rhinoplasty, including reduced scarring, faster recovery times, and a more natural-looking result.

Benefits of Closed Rhinoplasty

- **Minimal scarring:** Closed rhinoplasty leaves no visible scars, as the incisions are made inside the nostrils.
- **Faster recovery:** The recovery time for closed rhinoplasty is typically shorter than for open rhinoplasty, as there is less tissue damage and swelling.
- **More natural-looking result:** Closed rhinoplasty allows the surgeon to make precise adjustments to the nasal structure, resulting in a more natural-looking appearance.
- **Less pain and discomfort:** Closed rhinoplasty is typically less painful and uncomfortable than open rhinoplasty, as there is less tissue manipulation.
- **Fewer risks:** The risks associated with closed rhinoplasty are typically lower than those associated with open rhinoplasty, as there is less

tissue damage and bleeding.

Candidates for Closed Rhinoplasty

Closed rhinoplasty is a good option for patients who are looking to improve the appearance of their nose without visible scars. It is particularly well-suited for patients with:



Closed Rhinoplasty: The Next Generation by Anna Zaires

★★★★★ 5 out of 5

Language : English
File size : 51879 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 198 pages



- A hump or bump on the bridge of the nose
- A drooping or wide nasal tip
- Asymmetric nostrils
- A deviated septum
- A narrow or pinched nose

Procedure

Closed rhinoplasty is performed under general anesthesia. The surgeon will begin by making small incisions inside the nostrils. These incisions will provide the surgeon with access to the nasal structures. The surgeon will then use a variety of instruments to reshape the nose. The surgeon may

use cartilage grafts or implants to augment the nose or to correct any structural defects. Once the surgery is complete, the incisions will be closed with sutures.

Recovery

After closed rhinoplasty, patients will typically experience some swelling and bruising around the nose. This swelling will typically subside within a few weeks. Patients will also need to wear a nasal splint for a few weeks to protect the nose while it heals. The total recovery time for closed rhinoplasty is typically 6-8 weeks.

Risks

As with any surgical procedure, there are some risks associated with closed rhinoplasty. These risks include:

- **Bleeding**
- **Infection**
- **Scarring** (although this is less likely than with open rhinoplasty)
- **Asymmetry**
- **Numbness or tingling**
- **Difficulty breathing**

Cost

The cost of closed rhinoplasty varies depending on the surgeon's fees, the complexity of the procedure, and the geographic location. The average cost of closed rhinoplasty is between \$5,000 and \$10,000.

Closed rhinoplasty is a safe and effective way to improve the appearance of the nose. It is a minimally invasive procedure that offers several advantages over traditional open rhinoplasty. If you are considering rhinoplasty, be sure to discuss the different options with your surgeon to determine which procedure is right for you.



Closed Rhinoplasty: The Next Generation by Anna Zaires

★★★★★ 5 out of 5

Language : English
File size : 51879 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 198 pages

FREE

DOWNLOAD E-BOOK



My Little Bible Promises Thomas Nelson

In a world filled with uncertainty and challenges, children need comfort, hope, and inspiration. My Little Bible Promises is a powerful tool that provides young readers with...



Policing Rogue States: Open Media Series Explores Global Security Challenges

In today's interconnected world, the existence of rogue states poses significant threats to global security. These pariah nations often flaunt international...