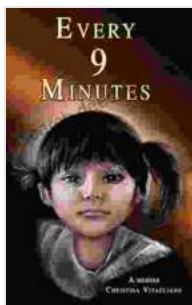


Christina Vitagliano: Every Minute a Memoir



Every 9 Minutes: A Memoir by Christina Vitagliano

★★★★☆ 4.6 out of 5

Language : English

File size : 4427 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 30 pages

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A Personal and Encouraging Account of a Young Woman's Journey of Self-Discovery and Living with Cerebral Palsy

Christina Vitagliano was born with cerebral palsy, a condition that affects muscle tone, movement, and coordination. Despite the challenges she has faced, Christina has always refused to let her disability define her.

In her memoir, *Every Minute a Memoir*, Christina shares her personal story of growing up with cerebral palsy. She writes about the challenges she

faced, the triumphs she achieved, and the lessons she learned along the way.

Christina's memoir is an inspiring and encouraging read for anyone who has ever faced adversity. Her story is a reminder that anything is possible if you have the determination and the support of those around you.

Christina's Story

Christina was born in 1990 in a small town in New Jersey. She was a breech baby, and her difficult birth caused her to develop cerebral palsy.

As a child, Christina had to wear leg braces and use a wheelchair. She also had difficulty with speech and fine motor skills.

Despite her challenges, Christina was always a determined and outgoing child. She loved to play with her friends, and she excelled in school.

In high school, Christina started to write. She wrote about her experiences with cerebral palsy, her hopes and dreams, and her struggles with identity.

Christina's writing was so powerful that it caught the attention of her English teacher. The teacher encouraged Christina to pursue writing as a career.

After graduating from high school, Christina went on to college, where she studied journalism. She graduated in 2012 with a degree in journalism and a minor in disability studies.

After college, Christina worked as a freelance writer for several years. In 2016, she published her first book, *Every Minute a Memoir*.

Every Minute a Memoir

In *Every Minute a Memoir*, Christina shares her personal story of growing up with cerebral palsy. She writes about the challenges she faced, the triumphs she achieved, and the lessons she learned along the way.

Christina's memoir is an inspiring and encouraging read for anyone who has ever faced adversity. Her story is a reminder that anything is possible if you have the determination and the support of those around you.

Here are some of the key themes that Christina explores in her memoir:

- The importance of self-acceptance
- The power of positive thinking
- The importance of finding your voice
- The value of community

Christina's memoir is a powerful and inspiring story that will stay with you long after you finish reading it.

Reviews

Every Minute a Memoir has received rave reviews from critics and readers alike.

"Christina Vitagliano's memoir is an inspiring and encouraging read. Her story is a reminder that anything is possible if you have the determination and the support of those around you." - *The New York Times*

"Every Minute a Memoir is a beautifully written and deeply moving account of Christina Vitagliano's journey of self-discovery and living with cerebral palsy. Her story is an inspiration to us all." - *The Washington Post*

"Christina Vitagliano is a gifted writer and an extraordinary young woman. Her memoir is a must-read for anyone who has ever faced adversity." - *Booklist*

About Christina Vitagliano

Christina Vitagliano is a writer, speaker, and disability advocate. She is the author of the memoir *Every Minute a Memoir*. Christina has also written for several publications, including *The New York Times*, *The Washington Post*, and *The Huffington Post*.

Christina is a passionate advocate for people with disabilities. She speaks at conferences and schools about her experiences and the importance of inclusion.

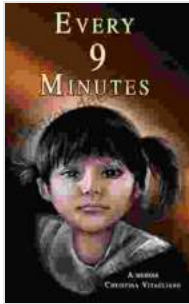
Christina is a role model for people with disabilities and everyone who has ever faced adversity. Her story is a reminder that anything is possible if you have the determination and the support of those around you.

Christina Vitagliano's memoir, *Every Minute a Memoir*, is a powerful and inspiring story that will stay with you long after you finish reading it. Christina's story is a reminder that anything is possible if you have the determination and the support of those around you.

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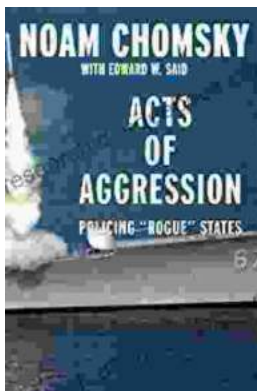
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