

Change Ringing On Handbells: Volume 1 - Basic Techniques

Change ringing on handbells is a challenging and rewarding activity that can be enjoyed by people of all ages. It is a form of bell ringing in which a group of bells are rung in a specific sequence, or "change." The changes are rung in a continuous pattern, and the bell ringers must work together to keep the bells in the correct order. Change ringing on handbells is a popular activity in many countries, and there are many different methods of ringing. In this article, we will provide a comprehensive guide to the basic techniques of change ringing on handbells, including how to hold the bells, how to ring them, and how to read the music. With practice, you can learn to ring changes and enjoy the beautiful sound of handbells.



Change-Ringing on Handbells: Volume 1: Basic Techniques by Tina Stoecklin

★★★★☆ 4.9 out of 5

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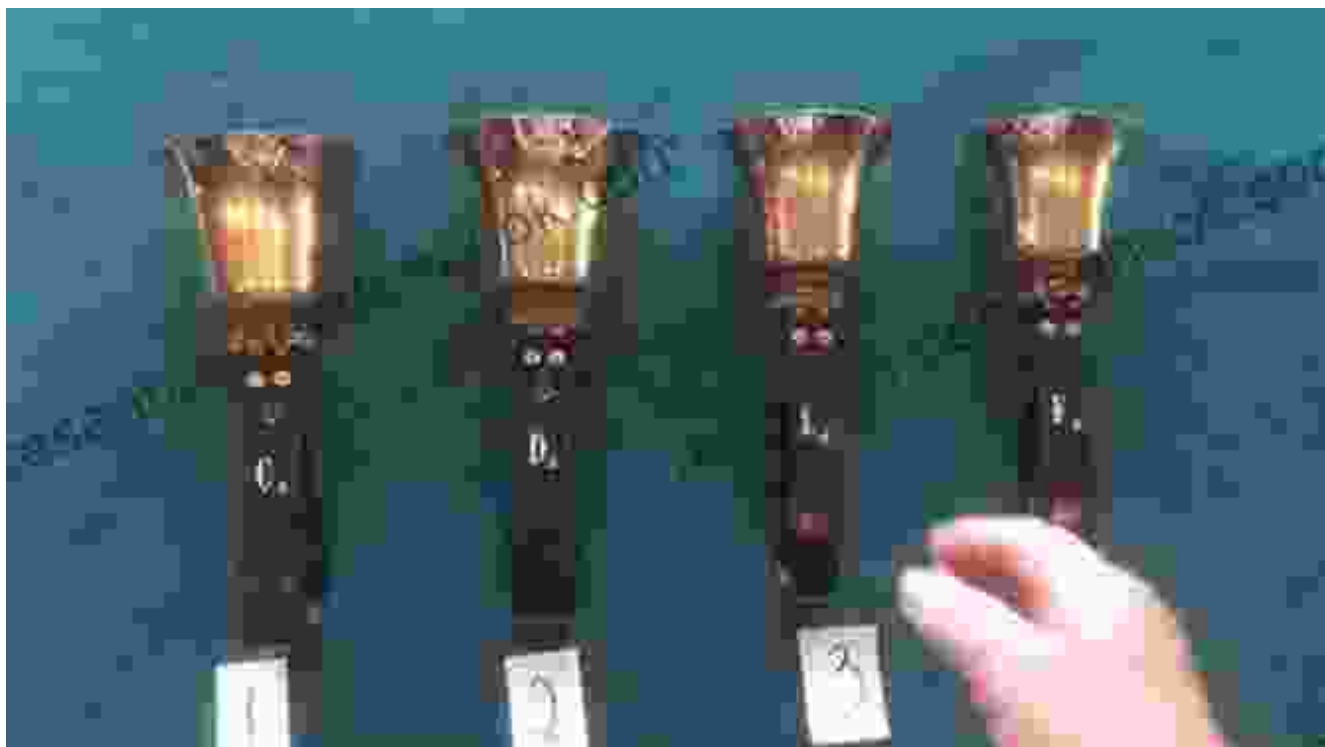
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How to Hold the Bells

The first step to learning how to ring handbells is to learn how to hold them correctly. The bells are held in the palms of the hands, with the thumbs on the outside of the bells and the fingers on the inside. The bells should be

held at about waist height, with the elbows bent at a 90-degree angle. The bells should be held firmly, but not too tightly, and the wrists should be relaxed. It is important to keep the bells level, so that the clappers can swing freely.



How to Ring the Bells

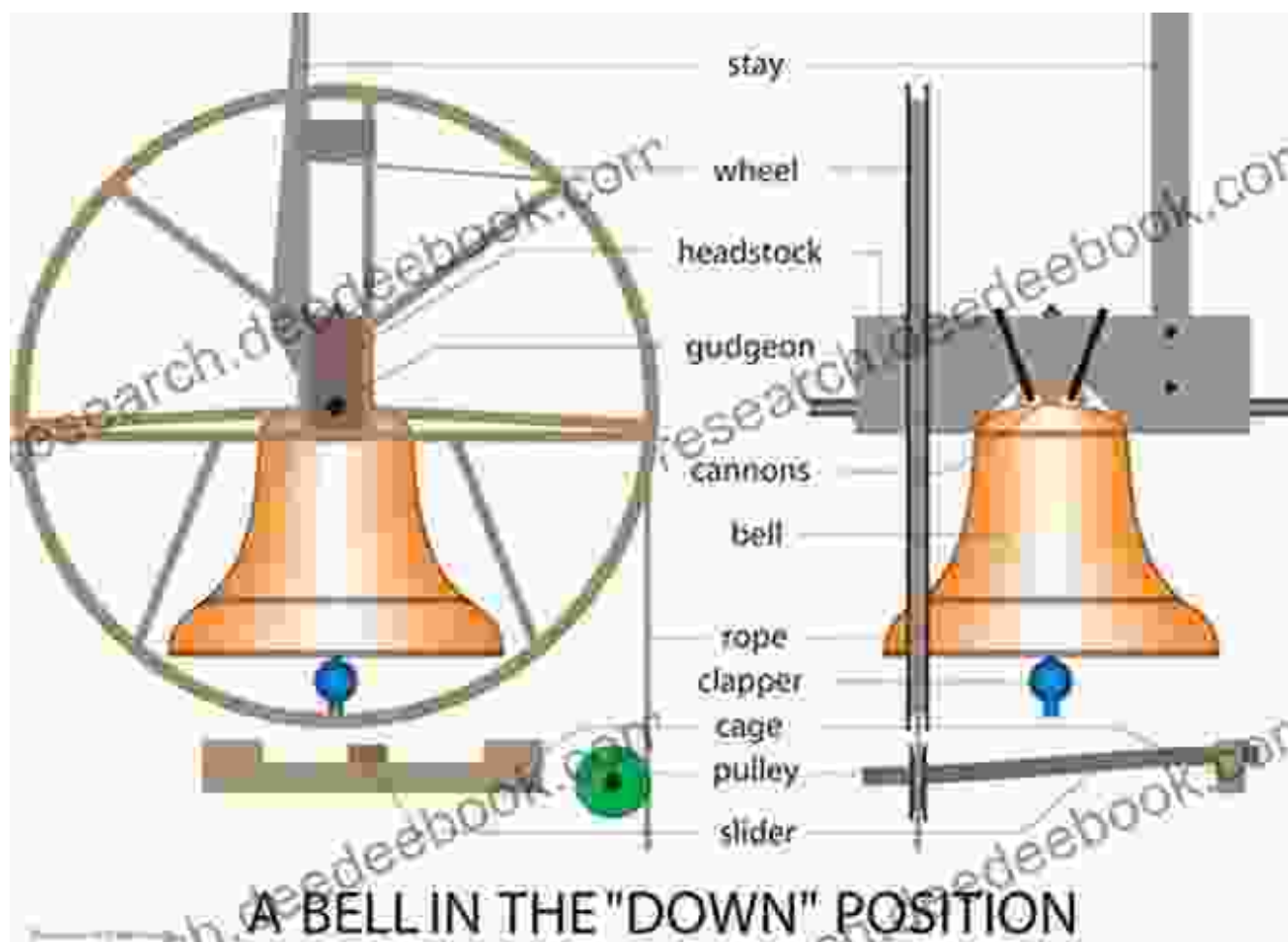
Once you know how to hold the bells, you can start to learn how to ring them. To ring a bell, you simply swing it back and forth in a smooth, even motion. The clapper will strike the bell, producing a sound. The speed at which you swing the bell will determine the pitch of the sound. To ring a change, you will need to ring the bells in a specific sequence. The sequence of the changes is determined by the method of ringing that you are using. There are many different methods of ringing, and the method that you choose will depend on the number of bells that you are ringing and the level of difficulty that you are looking for.



How to Read Change Ringing Music

Change ringing music is written in a special notation that is different from regular music notation. The notation for change ringing music is called "bell music." Bell music is written on a staff, and each line of the staff represents a different bell. The notes in the music indicate the order in which the bells should be rung. To read bell music, you need to know the names of the bells and the order in which they are arranged. You also need to know the

method of ringing that you are using. Once you know these things, you can start to read bell music and learn how to ring changes.



Change ringing on handbells is a challenging and rewarding activity that can be enjoyed by people of all ages. With practice, you can learn to ring changes and enjoy the beautiful sound of handbells. If you are interested in learning more about change ringing on handbells, there are many resources available online and in libraries. You can also find local groups that offer lessons and practice sessions. With a little effort, you can learn to ring changes and enjoy this unique and rewarding activity.

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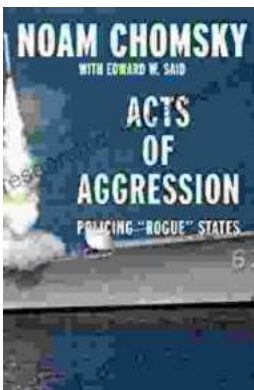
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